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ARROW ANNOUNCES GRANT OF STOCK OPTIONS

CALGARY, September 12, 2024 – Arrow Exploration Corp. (AIM: AXL; TSXV: AXL) ("Arrow" or the "Company"), the high-growth operator with a portfolio of assets across key Colombian hydrocarbon basins, is pleased to announce a stock options grant.

Stock Options Grant

The Company has granted 4,332,221 stock options ("Options") to Directors, officers and employees, pursuant to the Company's Stock Option Plan (the "Plan"). The Plan is intended to assist in attracting, retaining, engaging and rewarding directors, officers and employees of the Company, provide additional incentive to these people for their efforts on behalf of the Company, and to align with the enhancement of shareholder value. Under the Plan, the Company is able to issue Options to a maximum of 10% of the number of issued and outstanding common shares in the Company from time to time. The following PDMRs have been granted the options listed below:

	PDMR Options Granted
Gage Jull	1,255,000
Joe McFarlane	1,255,000
Anthony Zaidi	477,777
Ravi Sharma	477,777
Total PDMR Options Granted	3,465,554

The Options have a strike price of CAD 0.475, and vest in thirds on each of the first, second and third anniversaries of grant. The options expire six months from vesting. Following these grants, the Company shall have a total 27,663,334 options issued under the Plan.

For further Information, contact:

Arrow Exploration

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Jonathan Wright (Corporate)	+44 (0)7711 627449
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Camarco (Financial PR)	
Andrew Turner	+44 (0)20 3781 8331
Rebecca Waterworth	

About Arrow Exploration Corp.

Arrow Exploration Corp. (operating in Colombia via a branch of its 100% owned subsidiary Carrao Energy S.A.) is a publicly traded company with a portfolio of premier Colombian oil assets that are underexploited, under-explored and offer high potential growth. The Company's business plan is to expand oil production from some of Colombia's most active basins, including the Llanos, Middle Magdalena Valley (MMV) and Putumayo Basin. The asset base is predominantly operated with high working interests, and the Brentlinked light oil pricing exposure combines with low royalties to yield attractive potential operating margins. Arrow's 50% interest in the Tapir Block is contingent on the assignment by Ecopetrol SA of such interest to Arrow. Arrow's seasoned team is led by a hands-on executive team supported by an experienced board. Arrow is listed on the AIM market of the London Stock Exchange and on TSX Venture Exchange under the symbol "AXL".

Forward-looking Statements

This news release contains certain statements or disclosures relating to Arrow that are based on the expectations of its management as well as assumptions made by and information currently available to Arrow which may constitute forward-looking statements or information ("forward-looking statements") under applicable securities laws. All such statements and disclosures, other than those of historical fact, which address activities, events, outcomes, results or developments that Arrow anticipates or expects may, could or will occur in the future (in whole or in part) should be considered forward-looking statements. In some cases, forward-looking statements can be identified by the use of the words "continue", "expect", "opportunity", "plan", "potential" and "will" and similar expressions. The forward-looking statements of Arrow, including without limitation, Arrow's evaluation of the impacts of COVID-19, the potential of Arrow's Colombian and/or Canadian assets (or any of them individually), the prices of oil and/or natural gas, and Arrow's business plan to expand oil and gas production and achieve attractive potential operating margins. Arrow believes the expectations and assumptions reflected in the forward-looking statements are reasonable at this time, but no assurance can be given that these factors, expectations, and assumptions will prove to be correct.

The forward-looking statements included in this news release are not guarantees of future performance and should not be unduly relied upon. Such forward-looking statements involve known and unknown risks, uncertainties and other factors that may cause actual results or events to differ materially from those anticipated in such forward-looking statements. The forward-looking statements contained in this news release are made as of the date hereof and the Company undertakes no obligations to update publicly or revise any forward-looking statements, whether as a result of new information, future events or otherwise, unless so required by applicable securities laws.

Neither TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

Details of the person discharging managerial responsibilities / person closely associated		
Name Gage Jull		
Reason for the notification		
Position/status	Director	
Initial notification / Amendment	Initial notification	

Details of the issuer, emission allowance market pauction monitor	participant, auction	platform, auctio	neer or
Name	Arrow Exploration Corp.		
LEI	9845000FDF0856QD9031		
Details of the transaction(s): section to be repeated for (i) each type of instrument: (ii) each type of) each type of
transaction; (iii) each date; and (iv) each place where transactions have been conduct			
Description of the Financial instrument, type of	Options to subscribe for common shares of nil		
instrument identification code	par value (ISN:CA04274P1053)		
Nature of the Transaction	Grant of Options		
Price(s) and volume(s)			
	Name	Exercise Price	Options
	Gage Jull	CAD 0.475	1,255,000
Aggregated information	N/A		
Date of the transaction	September 11, 2024		
Place of the transaction	Outside a trading venue		

Details of the person discharging managerial responsibilities / person closely associated			
Name	Joe McFarlane		
Reason for the notification			
Position/status	CFO		
Initial notification / Amendment	Initial notification		
Details of the issuer, emission allowance market participant, auction platform, auctioneer or			
auction monitor			
Name	Arrow Exploration Corp.		
LEI	9845000FDF08560	QD9031	
Details of the transaction(s): section to be repeate	ed for (i) each type o	of instrument: (ii) each type of
transaction; (iii) each date; and (iv) each place wh	ere transactions hav	ve been conduct	
Description of the Financial instrument, type of	Options to subscribe for common shares of nil		
instrument identification code	par value (ISN:CA04274P1053)		
Nature of the Transaction	Grant of Options		
Price(s) and volume(s)			
	Name	Exercise Price	Options
	Joe McFarlane	CAD 0.475	1,255,000
Aggregated information	N/A		
Date of the transaction	September 11, 2024		
Place of the transaction	Outside a trading venue		

Details of the person discharging managerial responsibilities / person closely associated		
Name	Anthony Zaidi	
Reason for the notification		

Desition	Director		
Position/status	Director		
Initial notification / Amendment	Initial notification		
Details of the issuer, emission allowance market participant, auction platform, auctioneer or			
auction monitor			
Name	Arrow Exploration Corp.		
LEI	9845000FDF0856QD9031		
Details of the transaction(s): section to be repeated	ed for (i) each type o	of instrument: (ii) each type of
transaction; (iii) each date; and (iv) each place wh	ere transactions hav	ve been conduct	
Description of the Financial instrument, type of	Options to subscribe for common shares of nil		
instrument identification code	par value (ISN:CA04274P1053)		
Nature of the Transaction	Grant of Options		
Price(s) and volume(s)			
	Name	Exercise Price	Options
	Anthony Zaidi	CAD 0.475	477,777
Aggregated information	N/A		
Date of the transaction	September 11, 2024		
Place of the transaction	Outside a trading venue		

Details of the person discharging managerial responsibilities / person closely associated				
Name	Ravi Sharma			
Reason for the notification				
Position/status	Director			
Initial notification / Amendment	Initial notification			
Details of the issuer, emission allowance market	Details of the issuer, emission allowance market participant, auction platform, auctioneer or			
auction monitor				
Name	Arrow Exploration Corp.			
LEI	9845000FDF0856QD9031			
Details of the transaction(s): section to be repeat	Details of the transaction(s): section to be repeated for (i) each type of instrument: (ii) each type of			
transaction; (iii) each date; and (iv) each place wh	ere transactions have	ve been conduct		
Description of the Financial instrument, type of	Options to subscribe for common shares of nil			
instrument identification code	par value (ISN:CA04274P1053)			
Nature of the Transaction	Grant of Options			
Price(s) and volume(s)				
	Name	Exercise Price	Options	
	Ravi Sharma	CAD 0.475	477,777	
Aggregated information	N/A			
Date of the transaction	September 11, 2024			
Place of the transaction	Outside a trading venue			