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ARROW ANNOUNCES RCE-4 RESULTS AND OPERATIONS UPDATE

RCE-4 producing from the C7-A and the C7 Stringer

CALGARY, March 22, 2023 – Arrow Exploration Corp. (AIM: AXL; TSXV: AXL) ("Arrow" or the "Company") is pleased to provide an update on the drilling activity at Rio Cravo Este ("RCE") on the Tapir Block in the Llanos Basin of Colombia.

RCE-4

The RCE-4 well was spud on March 1, 2023 and reached target depth on March 8, 2023. RCE-4 targeted a three-way fault bounded structure with multiple high-quality reservoir objectives. The well was drilled to a total measured depth of 8,546 feet (8,053 feet true vertical depth) and encountered six hydrocarbon bearing intervals totaling 45 net feet (measured depth) of oil pay.

The well was completed in the C7-A and C7 Stringer zones and the currently producing from those zones. A submersible pump has been inserted but has yet to be turned on. The well is currently being choked back and it is naturally flowing with a 25/168 choke and, in the last 24 hours, it has produced at a rate of 728 BOPD gross (364 BOPD net) of oil at 28.5 API and with a 1% water cut. The Company will provide a further update on production rates in due course.

Initial production results are not necessarily indicative of long-term performance or ultimate recovery.

RCE-3

The RCE-3 well is flowing at 822 BOPD gross (411 BOPD net) while being choked back currently with a 21/128 choke. The submersible pump has been inserted but not turned on at this time. Water cut remains at 0%.

RCE-5

The RCE-5 well spud on March 19, 2023. Management's expectations are that target depth will be reached within the next two weeks.

Carrizales Norte

Once the RCE-5 well is on production, the 1500 HP drilling rig will be moved from the pad at Rio Cravo Este to the Carrizales Norte field where Arrow plans to drill three oil wells at the 3D seismic identified extension of the Carrizales field.

Capella Field

The Capella field continues to be shut in and discussions between the government, protesters and the operator are ongoing. The Company hopes for a quick resolution of the protesters' concerns. Further updates will be given once the field is back on production.

Marshall Abbott, CEO of Arrow commented:

"We are very encouraged by the initial production of RCE-4, the fifth well on the Tapir block, which has been completed in the C7-A and C7 Stringer zones with additional zones currently behind pipe. The RCE-4 well costs came in under budget and it was the quickest well drilled to date on the block."

"The RCE-4 and RCE-3 wells are currently flowing better than expected and the Company is choking the wells back in an effort to manage the reservoir and discourage premature water production. Arrow plans to engage the pumps and slowly increase production once the wells have stabilized."

"The continued strong production rates from existing tied-in wells, combined with the encouraging results from new wells in Colombia, continue to provide us with confidence that our objective of achieving a production rate of 3,000 boe/d within 18 months of the AIM listing can be achieved. This is an exciting time for Arrow, and we look forward to providing further updates on our progress."

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About Arrow Exploration Corp.

Arrow Exploration Corp. (operating in Colombia via a branch of its 100% owned subsidiary Carrao Energy S.A.) is a publicly traded company with a portfolio of premier Colombian oil assets that are underexploited, under-explored and offer high potential growth. The Company's business plan is to expand oil production from some of Colombia's most active basins, including the Llanos, Middle Magdalena Valley (MMV) and Putumayo Basin. The asset base is predominantly operated with high working interests, and the Brent-linked light oil pricing exposure combines with low royalties to yield attractive potential operating margins. Arrow's 50% interest in the Tapir Block is contingent on the assignment by Ecopetrol SA of such interest to Arrow. Arrow's seasoned team is led by a hands-on executive team supported by an experienced board. Arrow is listed on the AIM market of the London Stock Exchange and on TSX Venture Exchange under the symbol "AXL".

Forward-looking Statements

This news release contains certain statements or disclosures relating to Arrow that are based on the expectations of its management as well as assumptions made by and information currently available to Arrow which may constitute forward-looking statements or information ("forward-looking statements") under applicable securities laws. All such statements and disclosures, other than those of historical fact, which address activities, events, outcomes, results or developments that Arrow anticipates or expects may, could or will occur in the future (in whole or in part) should be considered forward-looking statements. In some cases, forward-looking statements can be identified by the use of the words "continue", "expect", "opportunity", "plan", "potential" and "will" and similar expressions. The forward-looking statements contained in this news release reflect several material factors and expectations and assumptions of Arrow, including without limitation, Arrow's evaluation of the impacts of COVID-19, the potential of Arrow's Colombian and/or Canadian assets (or any of them individually), the prices of oil and/or natural gas, and Arrow's business plan to expand oil and gas production and achieve attractive potential operating margins. Arrow believes the expectations and assumptions reflected in the forward-looking statements are reasonable at this time, but no assurance can be given that these factors, expectations, and assumptions will prove to be correct.

The forward-looking statements included in this news release are not guarantees of future performance and should not be unduly relied upon. Such forward-looking statements involve known and unknown risks, uncertainties and other factors that may cause actual results or events to differ materially from those anticipated in such forward-looking statements. The forward-looking statements contained in this news release are made as of the date hereof and the Company undertakes no obligations to update

publicly or revise any forward-looking statements, whether as a result of new information, future events or otherwise, unless so required by applicable securities laws.

Neither TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

Glossary

API: A specific gravity scale developed by the American Petroleum Institute (API) for measuring the relative density of various petroleum liquids, expressed in degrees.

Bopd: barrels of oil per day

boe/d: barrels of oil equivalent per day

Qualified Person's Statement

The technical information contained in this announcement has been reviewed and approved by Grant Carnie, senior non-executive director of Arrow Exploration Corp. Mr. Carnie is a member of the Canadian Society of Petroleum Engineers, holds a B.Sc. in Geology from the University of Alberta and has over 35 years' experience in the oil and gas industry.

This Announcement contains inside information for the purposes of the UK version of the market abuse regulation (EU No. 596/2014) as it forms part of United Kingdom domestic law by virtue of the European Union (Withdrawal) Act 2018 ("UK MAR").